



Dear Halcyon — athletes, friends, first-years, alumni,

A warm welcome to everyone returning for another year of university and another year of playing with Halcyon, and a huge congratulations to all high school and college graduates ready to take on life in Manchester, many of whom we expect to see as the academic year commences (join the team!). What a pleasure it is to introduce to you our first ever newsletter.

As months go, September is one of the strangest. It is a time when most of us are moving back to Manchester from our homes all over the country, and indeed, the world; moving into old or new uni houses with friends, and sometimes foes.

Trains are full, motorways are seemingly perpetually inhabited with hatchbacks packed dangerously dense with suitcases and pillows, and campus regains life after a hot and desolate summer. September is a liminal month in which we are moving physically and mentally, in between homes, uncertain and at multiple crossroads in life.

It is easy to get lost in the thrill of it all, so please do mark your calendars with the dates of our upcoming taster sessions for a fun and chill afternoon.

TASTER SESSIONS

Date	Session	Location	Time
Fri 25 Sep	Women's Only	Platt Fields Park	14:00
Sat 26 Sep	Open-to-all + BBQ	Platt Fields Park	14:00
Sun 27 Sep	Open-to-all	Platt Fields Park	14:00

WEEKLY TRAINING SCHEDULE

Further to the taster weekend, our regular training and sporticipate sessions run throughout the year as follows:

Team Training

Day	Session	Location	Time
Mondays	Indoors	Armitage, Hall A	18:00–19:30
Tuesdays	Indoors, invite-only	Armitage, Hall A	7:00–8:30
Fridays	Outdoors	Armitage, Pitch E	19:30–21:30

Sporticipate

Day	Session	Location	Time
Tuesdays	Indoors	Sugden Sports Centre	17:00–18:00
Thursdays	Outdoors	Armitage, Pitch A	17:00–18:00

New to ultimate? Sporticipate sessions are beginner-friendly, low-pressure, and open to everyone — bring a friend, a disc, and nothing more.

A LOOK BACK: UXON AND COACHING SUCCESS

In July, under the hot sun of the Midlands, Halcyon sent two teams to battle in Birmingham at University Mixed Outdoor Nationals (UXON). Following two days of play and, for some, a night full of drink, Manchester 1s placed an impressive 5th, while Manchester 2s placed 22nd.

The end of the tournament meant an end to the university season, and an end to our coach, Tauhid Ibrahim. We say goodbye to Coach T after a successful stint as coach, mentor, and jokester, during which Halcyon picked up two gold medals at regionals, winning UMIR for the first time in eight years, and having good performances at nationals. His work was well recognised by UoM, earning him Coach of the Year at the annual UoM Sports awards ceremony.

Coach T, thank you for your grand efforts and for everything you put into the club this past year — it certainly did not go unnoticed.

Everyone at the club is incredibly grateful to have had you with us this year. We wish you the best in everything the future holds for you.

A LOOK AHEAD: KEEPING UP WITH HALCYON

Only a few weeks now until many of us are catching and throwing plastic together again, and we can't wait to see you all. As with every year, we have a new committee taking on the job of keeping the club alive:

PRESIDENT: Freddie Lawrence

GENERAL SECRETARY: Sam Johnson

TREASURER: Joe Tucker

WELLBEING SECRETARY: Pritesh Mistry

WOMEN'S CAPTAIN: Fin Clark

MEN'S CAPTAIN: Elijah Slade

SOCIAL SECRETARY: Mollie Marsden

KIT SECRETARY: Ella Coleman

SOCIAL MEDIA SECRETARY: Jonny Stevens

For any more information, questions, or words of encouragement, please email us at ultimatefrisbee@manchester.ac.uk or DM us on Instagram @uomultimate.

To recent graduates: please stay in touch with us whilst you continue living your young adulthood. And to those who played with the club at any point since our founding in 2006, please get in touch! We'd love to hear from you about your time at Halcyon and how you've been getting on. Stay in the loop.

*With warm regards,
Halcyon.*